

Who am I?

1. Someone who experienced Major Depression, OCD and Self Harm?
2. The sole author of the first modern dictionary of English?
3. Someone who was told he was 'unemployable'?
4. One of his country's most famous celebrities who mixed with royalty and nobility?
5. All of the above?



Answer: All of the Above

We are, each of us, our **challenges** and so much **more**.

Each of our **paths** is unique, but **many** have travelled the road to recovery, to a good life, before you. Many travel alongside you.

Your service employs people like you, 'Lived and Living Experience' Workers who are also on that road to their good life.

Talk to one of us sometime, hear about our journeys, and let's walk together for a while.

None of us are **just** our challenges.

"Great works are performed not by strength, but by perseverance."

Dr Samuel Johnson (1709-1784)